

# Dealing with Symptoms of Illness and Colds in Children and Adolescents in Day-Care Centers, Nurseries and Schools

- Information for Parents and Staff -

## When does your child have to stay at home?

If at least one of the following symptoms is present  
(all symptoms must occur acutely – symptoms of a chronic illness are not relevant):

**Fever from 38.0°C**  
Please ensure a correct temperature measurement (parents)

**Dry Cough**  
(Not caused by chronic illness, such as asthma)

**Dysfunction of the Sense of Taste or Smell**  
(Not as an accompanying symptom of a cold)

A cold without further signs of illness is not a **reason for exclusion**, nor is a light or occasional cough or scratching of the neck.

**Does your child need a physician?**

If so, please contact your family doctor or pediatrician by telephone.

**The doctor decides on a test for the corona virus**

Please note that your child is not allowed to visit the facility between taking the test and notification of the result.

**Your child stays at home**

**The test result is...**

**Your Child is free of fever for at least 1 day and in good general condition**

For parents' guidance: The way my child was yesterday, he or she could have gone to a day-care center, nursery or school, so he or she can go again today.

Healthy siblings not subject to quarantine restrictions by the public health department may attend the day-care center, nursery or school without restriction.

**At least 48 hours without symptoms and 10 days after the onset of symptoms at the earliest**

Please always observe the stipulations of the public health department.

**The child is allowed to visit the respective facility again.**

A medical certificate is not required.

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The corona pandemic presents us all with new challenges. After the lock-down, we are still faced with the conflict between the task of protecting as much as possible all those involved and at the same time implementing the right to education and state care for children and young people when it comes to opening day-care centers, nurseries and schools.

As before the Corona pandemic, **children who are clearly ill must not be taken to a day-care center, nursery or school.**

## Procedure in the Occurrence of Symptoms

If one of the following symptoms typical of COVID-19 occurs in children or adolescents, **they are excluded from attendance and forbidden to be admitted to the facility:**

- » Fever (from 38.0 °C)  
For the parents: Please ensure that the temperature measurement is carried out correctly, depending on the method and device used to measure the temperature.
- » Dry cough, i.e. without phlegm and not caused by a chronic disease such as asthma.  
A light or occasional cough or an occasional scratching of the neck does not lead to automatic exclusion.
- » Dysfunction of the sense of taste or smell  
(not as an accompanying symptom of a cold)

## Procedure for Re-Admission to a Day-Care Center, Nursery or School

If **no contact is made with a physician**, the child or adolescent must be **free of fever and in good general health for at least one day** before being allowed back into the day-care or school. In this context, the following rule of thumb has proven to be a useful guide for parents: "The way my child was today, he or she could have gone to the day-care center, nursery or school, therefore he or she can go tomorrow."

If the parents seek **medical advice**, the attending physician will decide on conducting a SARS CoV-2 test for corona virus detection.

If **no test** is carried out, the above-mentioned requirements (**at least one day free of fever and back in good general condition**) apply for re-admission or the individual specifications of the physician.

If a test is conducted, children or adolescents must stay at home until the results are reported.

**Healthy siblings** may attend the day-care center, nursery or school without restriction, provided they are not subject to quarantine by the health authorities.

Requirements and regulations of the **public health department** must always be given priority.

In principle, the assessment of whether your child is ill continues to be made by the parents. If children are brought to the facility while obviously ill or if they become ill while attending the day-care center, nursery or school, the facility may initiate their pick-up.

All symptoms must occur acutely – symptoms of a known chronic disease are not relevant.

**A cold without further signs of illness** is expressly **not a reason for exclusion.**

Depending on the condition of their child, parents decide whether to contact their family doctor or a pediatrician by telephone.

If the **test result is negative**, the above-mentioned conditions for re-admission apply: **at least one day free of fever and back in good general condition** or the individual instructions of the physician.

If the **test result is positive**, the following rule applies: The child or adolescent must be symptom-free for at least 48 hours and may not return to the day-care center, nursery or school until at least 10 days after the onset of symptoms.

The general rule is: Neither negative virus detection **nor a medical certificate** is required to reauthorize attendance of a facility. If, **in case of doubt**, the day-care center, nursery or school deems it necessary, it may request a written confirmation from the parents that, according to a physician's statement, attendance is possible again. As a rule, the confirmation of the physician's statement by a legal guardian is sufficient. For this purpose the attached form may also be used.

## Further Information

**The rules may need to be adapted** at any time, depending on the epidemiological situation or new scientific evidence. They reflect the situation in Baden-Württemberg on July 30, 2020.

**Certificate of Re-Admission to the  
Day-Care Center, Nursery or School**

(To be completed by the parents.)

**According to the statement of the attending physician**

[Dashed box for physician statement]

Name of the Physician

**dated**

[Dashed box for date]

Date

**my child**

[Dashed box for child name]

Name of the Child

**may be re-admitted to the day-care center, nursery or school on**

[Dashed box for re-admission date]

Date

[Dashed box for date]

Date

[Dashed box for signature]

Signature of Legal Guardian



# Procedure for Day-Care Centers, Nurseries and Schools in Connection with Corona Cases

- Information from the State Health Department -

## Regarding Ill or Infected Persons

**A child or adolescent or a person working in a day-care center, nursery or school shows symptoms of illness**

Procedure as in the diagram “Dealing with Symptoms of Illness and Colds in Children and Adolescents in Day-Care Centers, Nurseries and Schools” or similarly for persons working there.



**Proof of corona virus in a child or adolescent or a person working in a day-care center, nursery, school**

- » Contact the public health department to discuss the further procedure
- » Preparation of a list of names and addresses of the persons affected:
  - Group incl. contact details of legal guardians (phone no., e-mail address),
  - Pedagogical staff (phone no., e-mail address),
  - If necessary, other persons working in the day-care center, nursery or school (phone no., e-mail address),
 so that the public health department can initiate the contact person identification on this basis.

**A doctor diagnoses a suspicion for COVID-19**

- » Contact the public health department (and, if necessary, report according to Art. 6 IfSG, if not already done by the physician).

**Note: The person, child or adolescent affected is excluded from attendance and prohibited from entering the premises.**

## Regarding Contacts

**The contact person is a person who has had contact with a person infected with the corona virus**

Refer the inquirer to the public health department, so that the investigation of further contact persons can be initiated.  
No further action required for the day-care center, nursery or school.

**Person who had contact with a contact person**

No need for action on the part of the day-care center, nursery or school and the inquiring person.